



1
00:00:05,190 --> 00:00:02,710
chakra

2
00:00:07,110 --> 00:00:05,200
realizing i'm still alive interesting

3
00:00:10,629 --> 00:00:07,120
interesting data here

4
00:00:12,150 --> 00:00:10,639
now let's compare that with

5
00:00:15,430 --> 00:00:12,160
the multiple program

6
00:00:21,189 --> 00:00:17,189
and you can really see

7
00:00:25,189 --> 00:00:23,590
characteristics in the language

8
00:00:27,589 --> 00:00:25,199
i'm very different person much more

9
00:00:29,910 --> 00:00:27,599
whole than before tmi helped me heal

10
00:00:31,509 --> 00:00:29,920
when i was very bruised i will always be

11
00:00:33,510 --> 00:00:31,519
grateful

12
00:00:36,310 --> 00:00:33,520
having confidence myself to dance with

13
00:00:40,310 --> 00:00:38,389

one part of our purpose here on earth or

14

00:00:43,030 --> 00:00:40,320

one way to look at it is to enable god

15

00:00:46,950 --> 00:00:43,040

to experience the physical in my case

16

00:00:50,549 --> 00:00:48,470

realize that i failed to follow my

17

00:00:52,150 --> 00:00:50,559

guidance if i was afraid of possible

18

00:00:53,750 --> 00:00:52,160

consequences

19

00:00:56,229 --> 00:00:53,760

learning to love and trust myself

20

00:00:58,549 --> 00:00:56,239

letting go of shame

21

00:01:00,470 --> 00:00:58,559

now language here betrays a degree of

22

00:01:02,630 --> 00:01:00,480

integration

23

00:01:04,549 --> 00:01:02,640

of an understanding of how their life

24

00:01:06,789 --> 00:01:04,559

has changed and how they are living in

25

00:01:08,710 --> 00:01:06,799

accordance with that change

26
00:01:11,910 --> 00:01:08,720
that's one of the things that i'm taking

27
00:01:13,670 --> 00:01:11,920
away from this to explain why they feel

28
00:01:15,750 --> 00:01:13,680
more life satisfaction and greater

29
00:01:17,590 --> 00:01:15,760
self-efficacy

30
00:01:19,030 --> 00:01:17,600
all right now obviously there are some

31
00:01:20,390 --> 00:01:19,040
things here that i still don't

32
00:01:22,789 --> 00:01:20,400
understand

33
00:01:25,109 --> 00:01:22,799
and one of the things that i'm

34
00:01:26,710 --> 00:01:25,119
proposing is that there are still

35
00:01:28,710 --> 00:01:26,720
questions around other variables

36
00:01:31,670 --> 00:01:28,720
contributing to this finding so there's

37
00:01:32,870 --> 00:01:31,680
a phase to this study yet to be done but

38
00:01:35,990 --> 00:01:32,880

there's also

39

00:01:37,429 --> 00:01:36,000

a need to get other people's perspective

40

00:01:39,429 --> 00:01:37,439

on these people

41

00:01:42,870 --> 00:01:39,439

so i'm proposing to use a multi-rater

42

00:01:44,550 --> 00:01:42,880

instrument in a follow-up study with 34

43

00:01:45,510 --> 00:01:44,560

of these individuals

44

00:01:47,350 --> 00:01:45,520

now

45

00:01:49,190 --> 00:01:47,360

the final comment i take this from

46

00:01:50,710 --> 00:01:49,200

richard tarnis's work on the passion of

47

00:01:53,190 --> 00:01:50,720

the western mine

48

00:01:54,789 --> 00:01:53,200

and i certainly saw that happening with

49

00:01:56,950 --> 00:01:54,799

both groups of people

50

00:01:58,870 --> 00:01:56,960

is the way in which we

51
00:02:00,630 --> 00:01:58,880
focus on the world our intentions we

52
00:02:02,389 --> 00:02:00,640
bring to the world the world opens up

53
00:02:03,670 --> 00:02:02,399
and begins to ratify that experience for

54
00:02:05,030 --> 00:02:03,680
us

55
00:02:07,429 --> 00:02:05,040
so with that

56
00:02:09,109 --> 00:02:07,439
i kind of conclude my presentation open

57
00:02:26,630 --> 00:02:09,119
it up to any kind of questions because

58
00:02:29,589 --> 00:02:27,830
um

59
00:02:31,589 --> 00:02:29,599
i'm i

60
00:02:34,710 --> 00:02:31,599
tend to be slightly suspicious of

61
00:02:37,350 --> 00:02:34,720
self-reportage in psychological studies

62
00:02:39,430 --> 00:02:37,360
i i don't mean to be too cynical but

63
00:02:41,550 --> 00:02:39,440

isn't it possible that

64

00:02:44,710 --> 00:02:41,560

some of this effect is simply due to

65

00:02:46,390 --> 00:02:44,720

self-suggestion and self-selection

66

00:02:48,229 --> 00:02:46,400

in other words people that go through

67

00:02:48,949 --> 00:02:48,239

multiple programs

68

00:02:51,589 --> 00:02:48,959

are

69

00:02:52,869 --> 00:02:51,599

one one example would be that they would

70

00:02:55,110 --> 00:02:52,879

be uh

71

00:02:56,550 --> 00:02:55,120

tend to be motivated to

72

00:02:59,509 --> 00:02:56,560

to uh

73

00:03:01,990 --> 00:02:59,519

feel uh that they had to change in

74

00:03:05,830 --> 00:03:02,000

response to spending all that money uh

75

00:03:08,710 --> 00:03:05,840

that wasn't that it wasn't a uh a waste

76

00:03:10,790 --> 00:03:08,720

and uh and to justify it to it even on

77

00:03:13,589 --> 00:03:10,800

the questionnaire but of course i assume

78

00:03:15,509 --> 00:03:13,599

these people were anonymous so so there

79

00:03:17,990 --> 00:03:15,519

was no ego

80

00:03:20,790 --> 00:03:18,000

issue there so anyway i think that there

81

00:03:21,589 --> 00:03:20,800

could be other from other factors that

82

00:03:24,390 --> 00:03:21,599

cause

83

00:03:26,390 --> 00:03:24,400

uh those results sure and and i don't

84

00:03:28,710 --> 00:03:26,400

disagree i really what's coming across

85

00:03:30,949 --> 00:03:28,720

here is an attitude i don't really know

86

00:03:33,350 --> 00:03:30,959

if they're happier

87

00:03:35,509 --> 00:03:33,360

right but you certainly get from their

88

00:03:37,270 --> 00:03:35,519

responses a clear indication

89

00:03:40,070 --> 00:03:37,280

particularly when you do

90

00:03:41,910 --> 00:03:40,080

the analysis that there's statistically

91

00:03:43,670 --> 00:03:41,920

a a difference

92

00:03:45,589 --> 00:03:43,680

now what explains that

93

00:03:48,869 --> 00:03:45,599

that's something i would like to get

94

00:03:51,990 --> 00:03:48,879

into a deeper understanding of okay so i

95

00:03:53,350 --> 00:03:52,000

agree it could be other factors here

96

00:03:54,710 --> 00:03:53,360

yeah um

97

00:03:56,470 --> 00:03:54,720

my question was similar to his in terms

98

00:03:57,589 --> 00:03:56,480

of a self-selection effect i guess the

99

00:03:59,830 --> 00:03:57,599

other question is is that do you have

100

00:04:01,990 --> 00:03:59,840

any pre-data so do we we don't know how

101
00:04:03,190 --> 00:04:02,000
much gain may have occurred no we don't

102
00:04:05,350 --> 00:04:03,200
have a baseline and this is one of the

103
00:04:07,110 --> 00:04:05,360
things i've told the folks at tmi you

104
00:04:08,949 --> 00:04:07,120
need to start collecting data on people

105
00:04:10,789 --> 00:04:08,959
as they're coming in so you know

106
00:04:12,949 --> 00:04:10,799
something about you know what you're

107
00:04:15,350 --> 00:04:12,959
trying to evaluate in terms of long-term

108
00:04:17,270 --> 00:04:15,360
effect and they haven't begun to do that

109
00:04:19,030 --> 00:04:17,280
yet

110
00:04:20,629 --> 00:04:19,040
i know in the beginning that monroe

111
00:04:22,550 --> 00:04:20,639
institute

112
00:04:24,950 --> 00:04:22,560
had all these frequencies to help people

113
00:04:26,790 --> 00:04:24,960

get out of their bodies did you even ask

114

00:04:29,350 --> 00:04:26,800

people about were they getting out of

115

00:04:32,230 --> 00:04:29,360

their bodies more has the whole focus of

116

00:04:33,830 --> 00:04:32,240

the institute changed no

117

00:04:35,909 --> 00:04:33,840

what you didn't see up there was what i

118

00:04:37,430 --> 00:04:35,919

call the mystical experience

119

00:04:38,790 --> 00:04:37,440

and a number of and what's really

120

00:04:41,189 --> 00:04:38,800

interesting here is you would think that

121

00:04:43,990 --> 00:04:41,199

that would be the probably the number

122

00:04:46,150 --> 00:04:44,000

one area of

123

00:04:47,990 --> 00:04:46,160

memorable experience and actually it

124

00:04:51,189 --> 00:04:48,000

isn't

125

00:04:52,550 --> 00:04:51,199

uh and in fact among this group i don't

126
00:04:54,830 --> 00:04:52,560
think that there's more than a handful

127
00:04:57,830 --> 00:04:54,840
of people who even spoke of out-of-body

128
00:05:00,070 --> 00:04:57,840
experience but they spoke of a wide

129
00:05:02,870 --> 00:05:00,080
range of what i call meta-normal

130
00:05:04,950 --> 00:05:02,880
functioning the experiences themselves

131
00:05:06,870 --> 00:05:04,960
under different uh

132
00:05:09,110 --> 00:05:06,880
influences

133
00:05:12,150 --> 00:05:09,120
experiencing themselves transported in

134
00:05:14,710 --> 00:05:12,160
time speaking with their their their

135
00:05:17,350 --> 00:05:14,720
relatives outside of time soul retrieval

136
00:05:18,870 --> 00:05:17,360
a number of various uh activities that

137
00:05:20,469 --> 00:05:18,880
are very much at the heart of what

138
00:05:21,670 --> 00:05:20,479

monroe does

139

00:05:24,469 --> 00:05:21,680

but

140

00:05:26,150 --> 00:05:24,479

by and large the large majority was

141

00:05:28,550 --> 00:05:26,160

around personal learning and development

142

00:05:30,550 --> 00:05:28,560

and what i'm calling belonging

143

00:05:32,629 --> 00:05:30,560

their relationship to others

144

00:05:33,990 --> 00:05:32,639

was more memorable than some of those

145

00:05:36,710 --> 00:05:34,000

experiences

146

00:05:39,189 --> 00:05:36,720

i found that interesting

147

00:05:41,510 --> 00:05:39,199

um i had a question about uh the uh two

148

00:05:43,590 --> 00:05:41,520

populations did you control for the

149

00:05:45,270 --> 00:05:43,600

amount of meditation in the two

150

00:05:47,749 --> 00:05:45,280

populations and that was one of the

151

00:05:51,110 --> 00:05:47,759

questions i didn't ask

152

00:05:52,150 --> 00:05:51,120

is like what other work are you doing

153

00:05:53,830 --> 00:05:52,160

all right and that's one of the things

154

00:05:54,710 --> 00:05:53,840

i'm going to go into in greater detail

155

00:05:58,870 --> 00:05:54,720

in the

156

00:05:58,880 --> 00:06:01,270

okay

157

00:06:04,629 --> 00:06:03,510

we have one more

158

00:06:07,029 --> 00:06:04,639

okay

159

00:06:09,670 --> 00:06:07,039

i just like to comment and ask a

160

00:06:11,749 --> 00:06:09,680

question my sense is that the particular

161

00:06:14,070 --> 00:06:11,759

technique the induction

162

00:06:16,309 --> 00:06:14,080

that you're studying could be

163

00:06:17,990 --> 00:06:16,319

is interchangeable with you could make

164

00:06:19,749 --> 00:06:18,000

quite a list of other

165

00:06:21,350 --> 00:06:19,759

programs of self-development and

166

00:06:23,110 --> 00:06:21,360

personal change

167

00:06:25,990 --> 00:06:23,120

and you would find

168

00:06:29,510 --> 00:06:26,000

in in all these cases a moment of

169

00:06:32,230 --> 00:06:29,520

initiation or kicking open the door or

170

00:06:34,150 --> 00:06:32,240

some kind of blast off experience

171

00:06:37,029 --> 00:06:34,160

and then you would find long periods of

172

00:06:39,670 --> 00:06:37,039

sustained development which are making

173

00:06:43,430 --> 00:06:39,680

exactly the kind of mature

174

00:06:44,550 --> 00:06:43,440

integrated human beings uh to come forth

175

00:06:47,029 --> 00:06:44,560

and and so

176

00:06:49,909 --> 00:06:47,039

what i really appreciate is is the the

177

00:06:53,749 --> 00:06:49,919

joining of this technology with

178

00:06:57,110 --> 00:06:53,759

tr spiritual traditions and many others

179

00:06:58,790 --> 00:06:57,120

um and i i the more data we have of of

180

00:07:01,029 --> 00:06:58,800

each and every one of these the better

181

00:07:02,950 --> 00:07:01,039

and i really appreciate it thank you and

182

00:07:07,029 --> 00:07:02,960

and let me just simply add there was

183

00:07:09,350 --> 00:07:07,039

another reason for why uh

184

00:07:10,950 --> 00:07:09,360

skip batwater wanted us to do this study

185

00:07:13,270 --> 00:07:10,960

was also to look at

186

00:07:14,870 --> 00:07:13,280

why not more people were coming back

187

00:07:17,110 --> 00:07:14,880

there would seem to be about a 36-month

188

00:07:19,029 --> 00:07:17,120

period of time from the initial

189

00:07:21,510 --> 00:07:19,039

uh finding out about monroe until the

190

00:07:22,790 --> 00:07:21,520

interest began the wing

191

00:07:24,390 --> 00:07:22,800

and that was one of the things we were

192

00:07:25,589 --> 00:07:24,400

looking at as well